

August 24, 2007

PRESS RELEASE
FOR IMMEDIATE RELEASE

**Mid-Autumn Moon Festival Celebration
at the Dr. Sun Yat-Sen Classical Chinese Garden**
Sunday, September 23, 2007; 10am-4:30pm
Admission by Donation

Vancouver, BC (August 24th, 2007) - The Dr. Sun Yat-Sen Classical Chinese Garden will host the Mid-Autumn Moon Festival to celebrate the second biggest holiday in the Chinese calendar. We invite everyone to take part in this exciting event on **Sunday, September 23rd from 10:00am until 4:30pm**. Admission is by donation.

The Garden's celebration will include moon cake sampling (traditional round pastry served especially for this festival filled with red bean, lotus paste, egg yolks, or nuts) generously donated by Keefer Bakery and craft activities for the young and young-at-heart. Fascinating fortunes will be told using joss sticks and an introduction to the game of Mahjong will take place – visitors can try their hand! Cultural performances, such as demonstrations of different forms of Tai Chi performed by our local master group. The Garden's art exhibit areas will feature artist Jill McRae and her exhibit called, "Old Souls".

Backgrounder on the Mid-Autumn Moon Festival

In Chinese culture, the roundness of the full moon symbolizes togetherness, harmony, and family unity. The Mid-Autumn Moon Festival is held on the fifteenth day of the lunar calendars eighth month when the moon appears the largest and brightest. This is when Chinese families around the world gather to celebrate the Fall Equinox at the end of the harvest season. This ancient tradition allows time for the family to unite in a perfect circle like the moon - unbreakable, never-ending, and harmonious.

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